

Community of Caregivers Committee Statement of Intent

Our intent is to provide a high-quality conference, at a reasonable price, which uses teaching methods and content that will support you in your role as a caring professional.

This program is designed for professional caregivers including - chaplains, clergy, counselors, managers, nurses, pastoral care staff, physicians, psychologists, psychiatrists, social workers, teachers and all who are committed to caring for others.

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The annual Caregiver Conference is made possible by our generous sponsors and supporters. If you would like to donate or recommend a potential sponsor, please contact us at info@TransformationsCenter.org or 269-381-6290, ext. 327.

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Full Spectrum Living
A conference for professional & pastoral caregivers
Friday, September 19, 2014

Community of Caregivers
13th Annual Gathering

A conference for professional and pastoral caregivers



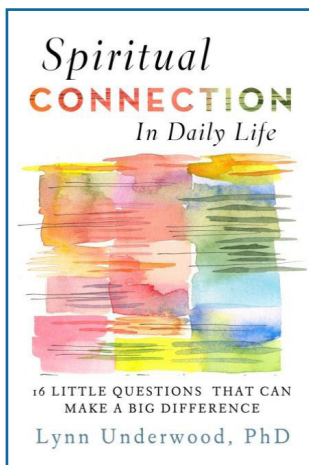
art by Lynn Underwood

Full Spectrum Living
The "More Than" in Daily Life

Presented by Lynn Underwood, PhD
Friday, September 19, 2014

Congregation of St. Joseph
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Learn.Connect.Grow

Full Spectrum Living



*Developing the inner life opens us to a fuller spectrum of daily experience, which is ever-present, but often overlooked. Most people sense that spirituality has a **positive impact** on the quality of life: less burnout, fewer addictions, better relationships, and greater equanimity to name a few benefits.*

In this conference we will explore a tool for measuring what was once considered unmeasurable using the Daily Spiritual Experience Scale. Framed as "16 questions that can make a big difference," this scale invites us to greater awareness, and

can help us recognize sources of sustenance and learn from and encourage one another. The language used in the scale can bridge differences for people who are deeply religious from different faiths and those not comfortable with any religion. We will identify ways it is being used practically in workplaces, and in settings with family, friends, and groups.

*****Registration includes book!**

Presenter

Lynn Underwood has directed foundation programs and developed projects with the World Health Organization and the National Institutes of Health. Her consulting practice helps organizations with research, strategy and program evaluation.
Lynn:

- Holds a PhD in epidemiology
- Member of the Academy of Behavioral Medicine
- Awarded a Kluge Fellowship at the Library of Congress

Lynn has published widely in areas such as quality of life, cancer, stress, compassionate love, and the understanding of ordinary experiences in a multicultural context.



Schedule

Friday, September 19, 2014

- 8:00 am Registration & Social
- 9:00 Opening Remarks, Reflections & Introductions
- 9:10 Morning Session (includes a break)
- Noon Lunch & Table Sharing
- 1:00 pm Afternoon Session (includes a break)
- 3:45 Closing Remarks & Evaluation
- 4:00 Adjourn

Fee: \$85 when paid by August 29th, \$95 thereafter

Includes program, lunch, all materials, and a copy of "Spiritual Connection in Daily Life," by Lynn Underwood, PhD. Seating will be limited.

Objectives:

Participants will learn to...

1. Become familiar with the Daily Spiritual Experience Scale: themes, background and study results.
2. Explore your own specific experiences such as awe, love, gratitude and connection by utilizing the Daily Spiritual Experience Scale, and gain a greater understanding from the experiences of others.
3. Recognize ways that the language of the specific questions in the scale can bridge different spiritual orientations and beliefs in order to communicate at a deeper level with others as a professional or caregiver.
4. Identify ways that you can use the Daily Spiritual Experience Scale for personal development and communication, and in your work environment.

The Day will include:

1. Times of quiet reflection
2. Opportunities for expressive writing
3. A chance to share with others

Register

Workshop Fee (includes lunch and book)

\$85 when paid by August 29th, \$95 thereafter.

A limited amount of partial scholarships funds are available for individuals unable to pay the entire workshop fee.

CEUs

- Nurse CEUs \$10
- 5.5 Social Work CEUs \$20
(Bring your Social Work ID # to the event.)

Nurse CEUs will be awarded according to MBN R 338.10602 Rule 2 (l). Social Work CEUs have been applied for. All day attendance, sign in/out, is required for CEUs and certificate of attendance.

Refund policy: Cancellations received before September 12th will be refunded, minus a \$15 processing fee. No refunds for late cancellations or no-shows on the day of the program.

Registration Options:

Full Spectrum Living

1. **Register On-line** at TransformationsCenter.org
2. Pay online with PayPal or pay by check and mail to:
Transformations Spirituality Center
PO Box 2
Nazareth, MI 49074

Or:

1. Complete the form below
2. Mail form and check to:
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Nazareth, MI 49074

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TITLE			

ORGANIZATION			
_____	_____	_____	_____
ADDRESS	CITY	STATE	ZIP
()	()		
PHONE (PRIMARY)	PHONE (SECONDARY)		

E-MAIL			
<input type="checkbox"/> Vegetarian lunch			

*****Please provide your e-mail address to receive program & registration information.**